

# Gluten Free Menu

## Avgolemono

6

The best soup EVER! A Greek delight.  
Chicken, rice, lemon and egg.



### New Grist Gluten Free Beer

A one-of-a-kind beer  
brewed without wheat  
or barley.

7

## Market Salad

5

10

Mixed greens with cucumbers, tomato and onion with our house vinaigrette.

## Greek Salad

6

12

Romaine with tomatoes, cucumbers, red onion, black olives and feta cheese.

## BLT Salad

6

12

Romaine tossed with pepper dressing, bacon and tomatoes topped with jack and cheddar cheeses.

## Naked Lamb Burger

17

With blueberry barbecue sauce, red onions and goat cheese. With market salad or soup.

## Naked Veggie Burger

13

Our home made veggie burger topped with guacamole, red onions and tomato. With market salad or soup.

## Smothered Chicken

Chicken breast Supreme topped with fresh basil, roasted red peppers, provolone cheese and a white wine cream sauce. Served with rice and vegetable medley

24

## BBQ Pork Chop

10 oz pork chop finished on the barbecue. Served with mashed potatoes and vegetable medley.

23

## Stuffed Zucchini

Oven baked baby zucchini stuffed with rice and herbs topped with tomato sauce and feta cheese

21

## Duck Breast

Duck breast with a blueberry-red wine reduction. Served with mashed potatoes and vegetable medley.

26

See our regular menu for pasta options using gluten free penne pasta.

## Crème Brûlée

French for "burnt cream", Crème Brûlée's seductive secret lies in the contrast between the brittle caramelized topping and the smooth, creamy custard beneath.

8